

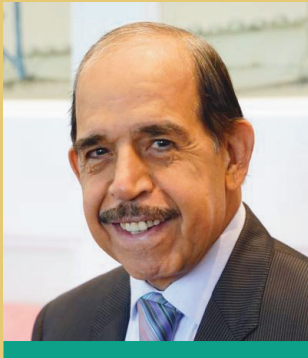


مستشفى ابن النفيس ش.م.ب (مقفلة)
IBN AL-NAFEES HOSPITAL B.S.C (C)

Issue No. 48 | November 2025

INH Newsletter

HOPE • TRUST • LOVE



Dr. Hassan Al-Arrayedh
Chairman

**Dear Esteemed
Colleagues and Guests,**

It is with great enthusiasm that I welcome you to the Nephrology Conference 2025 of INH. We gather here not just as professionals in our field, but as a family united by a shared mission: to advance the understanding and treatment of kidney diseases and improve the lives of our patients.

This year's conference promises to be a rich tapestry of knowledge, innovation, and collaboration. We have curated an impressive lineup of keynote speakers, interactive workshops, and panel discussions designed to spark meaningful conversations. Together, we will explore the latest research, clinical advancements, and emerging technologies that are shaping the future of nephrology and of today's conference participants.

As we embark on this journey, I encourage each of you to engage fully. Share your insights, ask questions, and network with your peers. This is not only an opportunity to learn but also to build lasting connections that can propel our field forward. I would like to extend my heartfelt gratitude to all the speakers, sponsors, and the organizing committee who have worked tirelessly to make this event a reality. Your dedication is what drives our field toward excellence.

Let us seize this opportunity to inspire one another, challenge the status quo, and collaborate for a brighter future in nephrology. Together, we can make a profound difference in the lives of our patients.



Ibn Al-Nafees Hospital proudly concluded its first **Nephrology Workshop**, featuring 15 distinguished speakers and 18 scientific sessions that explored the latest advances in kidney disease diagnosis and treatment. This successful event reflects our commitment to continuous medical education and our vision to enhance healthcare excellence in Bahrain.





Rahma Jaberi
CEO

Meet & Greet: A Renewed Energy that Strengthens Team Spirit

I am thrilled to reflect on our recent Meet & Greet with our doctors, a wonderful opportunity to connect, share ideas, and strengthen the relation with our team. As Helen Keller once said, “Alone we can do so little; together we can do so much.” The meeting encouraged open conversation and collaboration, allowing everyone to take a short break from the daily routine and engage with colleagues in a friendly atmosphere.

I believe building a culture of listening to the small details makes the biggest difference. I urge everyone to maintain open, responsible, and proactive communication across all levels of our organization, united by a shared commitment to sustainable excellence.

As we continue to serve our patients, it is vital to remember that “Teamwork is the fuel that allows common people to attain uncommon results.”

Let us maintain this spirit and move forward confidently toward remarkable achievements.

Warm regards,



Meet and Greet Initiative

As part of our continuous efforts to strengthen collaboration and mutual understanding, we recently held a small meet and greet with our doctors. The meeting served as an open platform to bridge the gap between management and medical teams, share perspectives, and encourage constructive dialogue. It was a brief yet meaningful exchange that highlighted our shared commitment to teamwork, transparency, and a stronger sense of connection across the organization.



MRI New Generation Unveiling of the Canon

Ibn Al-Nafees Hospital held a press conference to unveil the first of its kind MRI scanner in the Kingdom of Bahrain, in collaboration with Canon – YMH.





Ali Alshowaikh
Engineering Projects &
Facility Manager

A New Era of Care at Ibn Al-Nafees Hospital

At Ibn Al-Nafees Hospital, we believe that healing does not begin only with treatment; it begins with the environment we create.

Across the hospital, we are leading a series of renovation and modernization projects focused on patient safety, healing, and comfort, while also enhancing the experience for our doctors and staff. From the upgraded Ground Floor and MRI waiting area to the renovated Gynecology Department, patient rooms, and the addition of our specialized Vascular Intervention Unit, every space is being reimaged with care.

We are also proud to announce the soon opening of our brand-new Dental Clinic in November 2025, designed to offer advanced oral care in a modern, patient-friendly setting.

These upgrades go beyond appearances. They are part of a larger vision, one where smarter infrastructure, better flow, more privacy, and integrated digital systems support world-class care and smoother daily operations.

This transformation is for our patients, our caregivers, and everyone who walks through our doors.

Lung Cancer Awareness Session at GIG

Ibn Al-Nafees Hospital hosted an awareness session at GIG insurance company on Lung Cancer with Dr. Thuraya Zaid, Consultant Pulmonology & Sleep Medicine. Dr. Thuraya highlighted the importance of early detection, prevention, and treatment plans for lung cancer. The session concluded with an engaging interactive session, where GIG staff had discussion with Dr. Thuraya.



World Anaesthesia Day

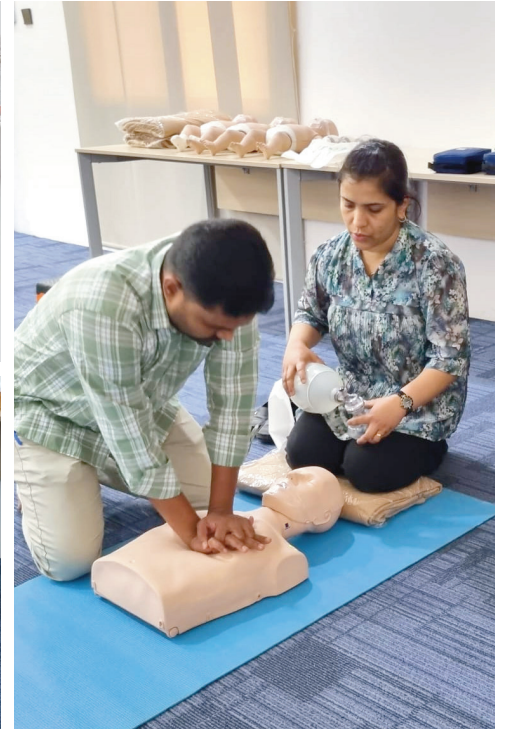


Anaesthesiology in Health Emergencies

Keeping Hearts Beating INH Leads the Beat

We are committed to saving lives through continuous learning. Our ongoing **Basic Life Support (BLS) training** empowers staff with lifesaving skills, rapid response confidence, and hands-on experience all aligned with AHA standards.

Because at INH, every heartbeat matters.



Talent of the month



Ali Eid
Patient Affairs
Officer

I'm Ali Eid, a Patient Affairs Officer at Ibn Al-Nafees Hospital. My work allows me to connect with people daily, ensuring that every patient receives the care, guidance, and support they deserve.

Beyond my role at the hospital, I'm deeply passionate about photography a craft that lets me tell stories through light, color, and emotion. With my iPhone 12 Pro Max, I capture candid moments that reflect beauty in everyday life. For me, photography is more than a hobby it's a way to see the world differently, to turn ordinary scenes into memories that speak without words. I believe it's not the device that makes you a photographer; it's the eye, emotion, and story behind every shot.



INH Organised Breast Cancer Support Programs

Teamed up with Naseej B.S.C. (c) and Nextcare Insurance



Collaboration with Bahrain Free Labour Unions and Foulath Holding



Early Detection and Prevention Make the Difference

Shura Council



Ministry of Housing and Urban Planning



Water Garden City



Nursing Continuous Education



Medication Safety
from the Start

Zainab Mohamed
Clinical Pharmacy



Fire & Safety

Sayed Hashem Adnan
Safety Officer & Security
Supervisor



BLS & Code Blue Preparedness

Ema Maria Gardner
Head of Nurse Training &
Continued Education



Continuous Medical Education Updates

Acute Scrotum in Children



Dr. Wadie Yousif
Consultant Radiologist, Vascular
& Interventional Radiologist



From Stethoscopes to Silicon: How AI is Changing Healthcare Care Landscape



Alka Srivastava
COO

Update in Breast Cancer



Dr. Mariam Al Junaidi
Consultant General & Breast Surgery



Anaesthesia Consideration in Patients with Dilated Cardiomyopathy



Dr. Zeana Amer
Anesthesia Specialist