



مستشفى ابن النفيس ش.م.ب (مقفلة)
IBN AL-NAFEES HOSPITAL B.S.C (C)

Issue No. 47 | October 2025

INH Newsletter

HOPE • TRUST • LOVE

INH Renew its Diamond Accreditation from NHRA

We are proud to share that Ibn Al-Nafees Hospital has achieved **Diamond Level Accreditation** from NHRA. This milestone reflects our commitment to excellence, patient safety, and continuous improvement. A heartfelt thank you to all our staff, your dedication and teamwork made this possible.



د. حسن العريض
رئيس مجلس الإدارة

كلمة رئيس
مجلس الإدارة

عندما يأتون إليك بالغيبة تذخر غريبال سقراط
الثلاثي في اليونان القديمة، كان سقراط
معروفًا بحكمته التي تلهم النفوس.
وفي يوم هادئ، اقترب منه رجل، عيونه تتلألأ
بالحماس، وقال:

هل تريد أن أحكي لك ما سمعته عن
صديقك؟

رفع سقراط يده بهدوء، وعينه تحملان صمتًا
عميقًا، ثم قال:

انتظر لحظة قبل أن تنطق، دعنا نمرّر كلامك
عبر غريبال صغير أسميه الغريبال الثلاثي.
الغريبال الثلاثي؟ تردد الرجل بهدوء.
نعم، أجاب سقراط بابتسامة خفيفة الأول:

غريبال الحقيقة. هل أنت متأكد أن ما
ستقوله صحيح؟

لا لقد سمعته من هنا وهناك، اعترف الرجل
بتردد.

إذًا، لا نعلم الحقيقة بعد. لننتقل إلى غريبال
الخير: هل ما ستقوله يحمل شيئًا من

الطيب عن صديقي؟

لا، على العكس همس الرجل.

إذًا، قال سقراط بهدوء، أنت على وشك أن
تنشر كلامًا ليس طيبًا، ولا تأكدت من صحته.

والآن يبقى غريبال النفع: هل ما ستقوله لي
سيكون مفيدًا؟

في الحقيقة لا.

ابتسم سقراط بابتسامة هادئة، ثم قال:

إذًا، إذا كان ما تحمله لي ليس صحيحًا، ولا

طيبًا، ولا مفيدًا فما جدواه إذن؟

تمرير كلامنا عبر هذا الغريبال البسيط يحمي
قلوبنا وعلاقاتنا، ويضيء حياتنا، ويزرع الخير
في المجتمع.



Rahma Jaberi
CEO

Dear Colleagues,

As we approach the final quarter of the year, I am filled with immense pride when I reflect on our accomplishments together at Ibn Al-Nafees Hospital. One of the major highlights this year has been the successful renewal of our Diamond Accreditation from the National Health Regulatory Authority (NHRA).

This honor not only recognizes our efforts but also serves as a strong affirmation of the team's dedication, commitment to excellence, and collaborative spirit that defines our hospital.

What makes me even prouder is the manner in which this was achieved, with each of you placing our patients first, nurturing mutual support, and striving each day for excellence. You have all demonstrated what it means to live by our values every single day. This steadfast spirit is what positions Ibn Al-Nafees as a trusted haven for health and healing in our community.

As we look forward, let's embrace new opportunities to innovate, to care with empathy, and to collaborate towards a future where every patient enters our doors receives the highest standard of healthcare and the warmth of genuine compassion.

Thank you for being the cornerstone of our success.

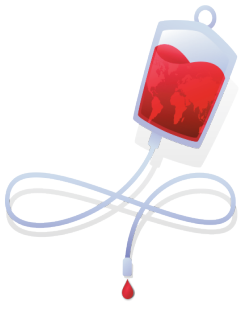
Health Awareness Program for Mothers Affiliated with the Royal Humanitarian Foundation

As part of Humanitarian Work Day and under the theme **Empowering Local Communities**, we were delighted to organize a health awareness program for mothers in collaboration with the Royal Humanitarian Foundation, continuing our mission to serve the community and promote solidarity.



Ibn Al-Nafees Hospital Participates in Honoring Ceremony for Outstanding Students with Genetic Blood Disorders





GIVE BLOOD GIVE HOPE

TOGETHER WE SAVE LIVES

Ibn Al-Nafees Hospital organizes a blood donation campaign in collaboration with the Blood Bank - Government Hospitals and SNIC Insurance.





Gayathri Gopinath
In-charge: Quality and Patient Safety

Safe Care for Every Newborn and Every Child

Every year on **September 17**, we observe **World Patient Safety Day**, and in **2025**, the global theme is **“Safe Care for Every Newborn and Every Child.”** This year’s focus highlights the urgent need to ensure the safety, dignity, and quality of care for our youngest patients from the moment of birth and through their early years.

At Ibn Al-Nafees Hospital we are committed to upholding the highest standards in pediatric and neonatal care. Safe care is not just about clinical excellence, but about empathy, teamwork, and proactive risk reduction.

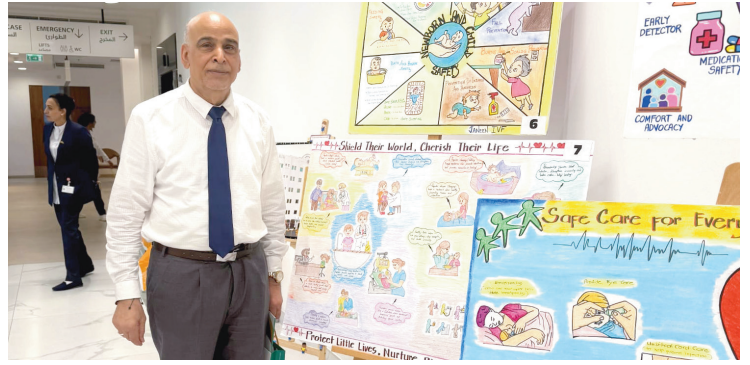
Our key objectives this year focus on strengthening protocols for neonatal and pediatric care, while enhancing communication with families and caregivers to ensure a collaborative approach. We are also committed to conducting targeted staff training in pediatric safety practices to reinforce best standards of care.

Additionally, we aim to promote awareness among both patients and staff through various educational activities, supporting a culture of safety and continuous improvement.

Ibn Al-Nafees Hospital’s celebration of

World Patient Safety Day



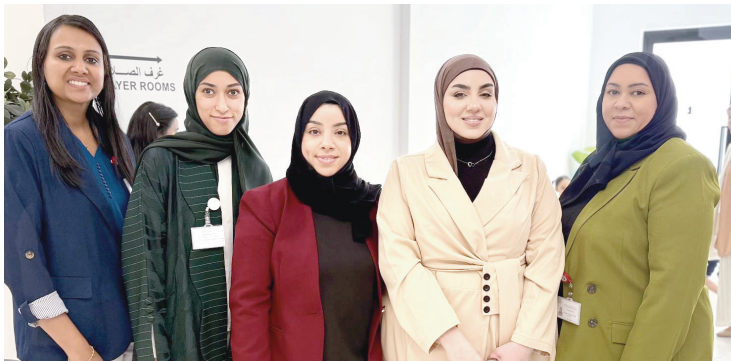


Safety Poster Competition Winners



Safety Innovative Ideas Winners

Safety Slogan Winner



"TINY SOULS, INFINITE CARE, BIG RESPONSIBILITIES"

By Meettu George, Operation Theatre

INH Physiotherapy Department Marks World Physiotherapy Day

The INH Physiotherapy Department recently organized an event to celebrate World Physiotherapy Day, featuring a variety of initiatives that highlighted the importance of physiotherapy in supporting recovery, mobility, and overall health.

The program offered free consultations, engaging activities, tailored exercises, and awareness sessions designed to encourage healthier lifestyles and provide valuable insight into the department's services.

To further promote collaboration and staff well-being, a treasure hunt game was also conducted, creating an enjoyable platform for employee engagement and teamwork. The strong participation and positive feedback underscored the significance of this initiative in strengthening community connection and enhancing the hospital environment.



Talent of the month: The Stage is Not Just a Platform... It's a Realm of Truth



Adel Al Malki
Senior Cashier

From the first moment I stepped onto the stage, something within me awakened. Theatre as Stanislavski said, **"Work with honesty, for honesty is the soul of art"** became a space to explore human truth, a realm where we shed our masks and listen to the pulse of souls before words are spoken. My passion for cinema and theatre grew with every role I performed. Each character was a new window to the world, yet my pen remained my truest hero the place where stories first came alive before reaching the spotlight. Among the dozens of plays I've written, the "Whisper of Hope" play hold a special place in my heart. They shed light on the struggles of those with sickle cell disease and were staged in collaboration with the Bahrain Society for Sickle Cell Patients Care, turning art into a voice for suffering and a message of hope.

I believe theatre and cinema are not mere cultural luxuries but a responsibility a mirror of society and a bridge that connects hearts to awareness. My enduring passion is to write, perform, and keep the stage alive with stories that deserve to be told shared humanity and the hope that binds us all.



Keeping Hearts Beating INH Leads the Beat

We are committed to saving lives through continuous learning. Our ongoing **Basic Life Support (BLS) training** empowers staff with lifesaving skills, rapid response confidence, and hands-on experience all aligned with AHA standards.

Because at INH, every heartbeat matters.



Using the ArgoCap Device in the Treatment of Barrett's Esophagus

We used the ArgoCap device on a patient suffering from Barrett's Esophagus, marking the first use of this technology in the Middle East, under the supervision of Dr. Maheeba Abdulla Consultant Gastroenterologist & Hepatologist, Dr. Jehad Al-Qamish Consultant Gastroenterologist & Hepatologist & Internal Medicine, and Dr. Pradeep Bandari Specialist in Gastroenterology and Advanced Endoscopy.

Barrett's Esophagus is a condition that affects the esophagus, leading to changes in the mucosal lining as a result of continuous exposure to stomach acid. This condition is considered a risk factor for the development of esophageal cancer. To diagnose and treat this condition, various medical devices have been developed, including the ArgoCap device.

ArgoCap is an innovative device used in endoscopic techniques for treating acid-related conditions such as Barrett's Esophagus. The device works through targeted inflation of esophageal tissues, helping to safely and effectively remove damaged tissue. It is one of the latest tools that allow physicians to deliver precise treatment to the affected areas without

harming the surrounding healthy tissue.

In the case of the patient who underwent treatment with ArgoCap, he was suffering from Barrett's Esophagus due to persistent acid reflux. During therapeutic endoscopy, the ArgoCap device was used to enhance the accuracy of the procedure and increase safety while removing the damaged tissue.

Benefits of ArgoCap in Treating Barrett's Esophagus:

1. Precision in treatment: Improves the accuracy of removing damaged tissue while minimizing impact on healthy tissue.

2. Reduced risks: Helps avoid potential complications such as bleeding or injury.

3. Faster recovery: Treatment with ArgoCap contributes to quicker healing compared to traditional methods.

4. Long-term results: By removing damaged tissue, the device helps lower the risk of esophageal cancer development.

ArgoCap is considered one of the latest innovations that has significantly improved the treatment of Barrett's Esophagus. Thanks to its precision technology, physicians are able to provide better healthcare outcomes for patients, leading to improved treatment results and reduced potential risks.



Nursing Continuous Education



Best Practice for Safer Blood Transfusion

Rn. Jincy Mathew
Staff Nurse W 22



Key Performance Indicators
Dr. Sakina Sayed Salman
Quality Executive



Medication Safety from the Start

Zainab Mohamed
Clinical Pharmacy

Continuous Medical Education Updates

Neuroendocrine Tumor



Dr. Husain Al Haddad
General Physician



Dr. Reyadh Salman
Consultant Pulmonary & Sleep Medicine

Safe Care for Newborn and Child



Dr. A.Hadi Al-Mohsen
Consultant Pediatrician & Neonatologist

Deep Brain Stimulation.. Why, When and How?



Dr. Karishma Hemanathan
Resident Neurosurgeon



Hypercholesterolemia How to Treat



Dr. Murtada Abdel Halim
Consultant Cardiologist