



مستشفى ابن النفيس ش.م.ب (مقفلة)
IBN AL-NAFEES HOSPITAL B.S.C (C)

INH Newsletter

HOPE • TRUST • LOVE



Dr. Hassan Al-Arrayedh
Chairman

Innovations in medical practice are of utmost importance in addressing and resolving numerous technical and medical challenges faced by professionals in the medical field. These challenges hinder our ability to provide suitable treatments for various diseases, including syndromes, pandemics, and cases with poor prognoses. That is why advanced medical institutions, major pharmaceutical companies, biomedical engineering firms, and industrial companies have dedicated research and development (R&D) departments to tackle these issues. Their aim is to invent new medications and apply novel surgical and diagnostic approaches to treat complex medical challenges, ultimately promoting healthier human lives. The upcoming major conference organized by INH will gather a diverse group of experts and innovators to explore these challenging issues. Topics team are gene therapies, nano-medicine drugs, stem cells, organ transplants, mysterious allergies, viral diseases, psychotic disorders, and psychosomatic derangements. These perplexing medical challenges will be thoroughly discussed during the conference. The Ibn Al-Nafees Hospital major conference is the first of its kind, but it will not be the last. It will address a wide range of important topics, paving the way for future INH conferences that will continue to foster advancements in medical practice.



**Innovative
Medical
Practice**
#Towards_Future_Medicine

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The First INH Conference



Dr. Ali Jaffer Al Aradi
Chairperson of the
Organizing Committee

Dear Colleagues,

Welcome to the first medical conference of Ibn Al-Nafees Hospital under the theme innovative medical practice, we are thrilled to meet for this exceptional event, where we will explore the latest advancements, exchange knowledge and foster collaborations in the field of medicines. We hope that this conference will inspire you, broaden your perspectives and provide valuable networking opportunities.

Thank you for joining us in this pursuit of excellence and innovation in health care.



Nagham Nouredine
Clinical Dietician

Weight Regain After Bariatric Surgeries?

Is it really possible to gain the weight after Bariatric surgery - this topic is forgotten and dismissed when we tackle weight loss and maintenance. Focusing on weight loss is a definite goal but the true and challenging questions are the following : Are we able to maintain it and for how long and what are the factors that speed up the pace of us getting back the weight we have lost.

Bad news - it's inevitable to gain some weight back Good news - is preventable if we know the reasons well and tackle them well with the right behavior and knowledge.

Walk with me in the conference through a presentation of shedding light and educating clients on how to prevent and achieve maximum weight loss that we can keep as long as we can ...



Dr. Jaafar Abbas

Chairperson of the Scientific Committee

The first Ibn Al-Nafees Conference on innovative medical practice is set to take place on May 9-10, 2024 at Gulf Hotel, The Convention Center, Manama. The conference theme is "Innovative Medicine for Better Professional Practice".

This conference aims to bring together leading experts, researchers, and healthcare professionals to discuss the latest advancements in innovation, medicine and the health care system.

The conference will feature a keynote speeches, panel discussions, and workshops that will focus the latest innovations in medical practice in patients care management, and treatment. Participants will have the opportunity to learn about the latest research findings and best practices in innovation in medicine from some of the world's leading experts. In addition to learning from the experts, the conference will also provide participants with the opportunity to network with other healthcare professionals from around the world. This will provide them with a unique opportunity to share their knowledge and experience, learn about new developments in that field, and collaborate on future research projects. The first Ibn Al-Nafees conference promises to be an informative an engaging event that will highlight the progress made in the field of innovation in medical practice and the efforts towards implementing the latest advancements in the medical care. The conference is a must attend event for anyone involved in patient care and research. We look forward to welcoming participants from inside and outside Bahrain on 9-10 May, 2024 at Gulf Hotel.

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Scan For Registration

Conference

Thursday 9th May 2024
8:30am - 5:30pm
Friday 10th May 2024
8:30am - 5:30pm

Gulf Hotel Convention Center - Al Dana Hall

Workshops



9th May 2024

- Focused Assessment with Sonography in Trauma (FAST).
- Navigating the Future: The Experience with Robotics in Joint Replacement.

10th May 2024

- The Code of Conduct & Ethics: Every Doctor Must Adhere To.
- Medical Research: An Innovative Processes.

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Conference Workshop 9th of May 2024 Day 1 (Thursday)

Workshop 1:
Orthopedic - Navigating the Future: The Experience with Robotics in Joint Replacement.
Facilitator: Dr Ahmed AL Shammari

Workshop 2:
Radiology - Focused Assessment with Sonography in Trauma (FAST)
Facilitator: Dr Wadie Yousef

CME Accredited Hours

The First INH Conference

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Conference Workshop 10th of May 2024 Day 2 (Friday)

Workshop 1:

The Code of Conduct & Ethics: Every Doctor Must Adhere To.

Facilitators:
 Batool Al Mohandis
 Nurse Consultant
 Dr. Hassan Mohamed Al Tublani
 MD, Consultant Intensive Care Medicine
 Shafeeqa Hassan Yousif RGN, BSc, MSN
 Ex. Head of Nursing - Medical & Hematology



CME Accredited Hours

Workshop 2:

Medical Research: An Innovative Processes.
 Facilitator: Dr. Adel Alsayaad
 Chief of Disease Control



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Our Innovative Speakers



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KEYNOTE SPEAKERS

 Dr. Jassim Haji President, IQGAI Community	 Colin Greengrass BSc (Hons), MSc, MHP, PhD	 Mr. Christopher John CEO- Hospital management
 Dr. Shafaque Shaikh Consultant Laparoscopic Colorectal & General Surgeon	 Prof. Jeehee Kim Hyper-Personalized Skin Regeneration GBU	 Prof. Thomas Zeller MD



Mr. Ali Fardan
CEO

Join Us at the INH Innovative Conference on May 9-10, 2024!

Get ready to embark on an extraordinary journey of innovation and discovery! I am pleased to announce the eagerly awaited INH Innovative Conference, set to unfold on May 9-10, 2024, at the prestigious Gulf Convention Center. This event is not just a conference, it's a beacon of inspiration, a catalyst for transformation, and an unparalleled opportunity for growth.

Picture this, over two days, you'll have the privilege of engaging with 50 luminaries from the healthcare realm, hailing from Bahrain and the corners of Japan, Germany, Tunisia, KSA and the UAE. Imagine the wealth of knowledge, experience, and insights they'll bring to the table. From revolutionary treatments to groundbreaking technologies, from visionary strategies to real-world case studies – the INH Conference promises to ignite your imagination and fuel your passion for excellence.

But here's the real magic, "YOU" Yes, you are the heartbeat of our hospital, the driving force behind our success. Your presence at the INH Conference is not just desired, it's essential. As we strive to raise the bar of healthcare excellence, your active participation, your inquisitive minds, and your unwavering commitment to learning are what will propel us forward. So, I urge you, dear colleagues, to seize this golden opportunity. Clear your schedules, reserve your seats, and prepare to be inspired. Let's come together, not just as individuals, but as a unified force for positive change. Let's explore, learn, and grow – not just for ourselves, but for the countless lives we touch every day.

Spirit Week

The objective of Ibn Al-Nafees Hospital Spirit Week is to cultivate a culture of positivity throughout the hospital. By nurturing an environment where employees feel appreciated and motivated, the hospital aims to extend this positivity to patients. Through this event, employees are encouraged to embrace a welcoming attitude, and put patients at ease with kindness, warm smiles, and a welcoming attitude.





C3 Summit Davos of Healthcare “The Evolution of Global Healthcare”

INH attended the C3 Summit Davos of Healthcare summit. The Bahrain-C3 Davos of Healthcare™ & Business Summit identified the major challenges and opportunities facing the new realities around the future of healthcare, technology and energy. Through collaboration and knowledge transfer, the Bahrain-C3 Davos of Healthcare™ & Business Summit brought together leaders in healthcare, business and new technology to set the foundation for transforming regional and international healthcare diplomacy.



China Medical Equipment Fair CMEF

The Biomedical Engineer of INH has attended the CMEF in Shanghai China to see the latest technology of the medical Equipment. Most of the international biggest manufacturers had participated in this massive fair with totally news concepts and applications that is bringing the diagnosis and treatment to higher levels day after day.



INH head of departments attended “Risk Management Presentation” by Mrs. Sigi Lal research quality associate at Alarrayed Eye Center.



INH Committee Pre-Conference Meeting





Mr. Mohamed Alaali
HR & Training Manager

The Power of a Smile

A simple act like smiling holds a huge significance and multiple benefits. It is not only a social gesture but also a spiritual practice that brings joy to oneself and others. The teachings of Islam encourages believers to smile sincerely and frequently, recognizing the numerous rewards associated with this beautiful act.

Since we are in a healthcare setting, the atmosphere can be tense and stressful for both patients and their families. However, the simple act of smiling can have a profound impact on improving patients' experiences and outcomes. Therefore, we are keen for hospital staff to wear genuine smiles to create a more positive environment and also contribute to improving patient satisfaction, reducing anxiety levels, and enhancing overall well-being.

The Spirit Week initiative was a resounding success, and it would not have been possible without your dedication, creativity, and unwavering commitment to spreading joy and positivity throughout our hospital community. Your hard work and meticulous planning truly shone through every aspect of the event, leaving a lasting impact on both our staff and patients.

On behalf of INH management, I extend my deepest gratitude to each and every member of the organizing team. Your passion, dedication, and hard work truly made Spirit Week a resounding success. Your efforts have not gone unnoticed, and I want to assure you that your contributions are highly valued and appreciated.

Enhancing Patient Experience: A sneak peek into our Patient Services Department



Shafia Shahid
Senior Patient Services Officer

At the heart of our healthcare journey lies the commitment to provide unparalleled support and care to our patients within our Patient Services Department, we stand as a bridge between patients and the healthcare experience they deserve.

Our mission is simple yet profound: to ensure each patient feels heard, valued and supported throughout their healthcare journey. We recognize that navigating the complexities of healthcare can be daunting, which is why our dedicated team is here to lend a guiding hand and a compassionate heart.

One of the core aspects of our role is address patient concerns and feedback. We acknowledge that each concern raised is an opportunity for improvisation and every feedback or complaint is taken seriously. Through active listening and diligent investigation, we strive to resolve our complaints swiftly and actively making sure that every patient's voice is heard and respected.

But our role extends beyond just addressing complaints. We are here to assist patients with a myriad of needs, ranging from scheduling appointments to navigating insurance complexities.

No matter the challenge, our team is committed to finding solutions and easing the burden for our patients and their families.

Every day brings forth new challenges and opportunities to make a difference in the lives of those we serve. Whether it's guiding patients through complex medical billing issues or simply offering a comforting presence during a difficult moment, we are honored to be a part of a patient's journey toward health and healing. As we continue to uphold our commitment to exceptional patient care, or feedback you may have. Together we can ensure that every patient's experience is one of our compassion, support and dignity.

Dr. Hassan Mohamed's Compassionate Response to "Earthquake Affected Communities in the Arab Region" was awarded for his exceptional dedication to humanitarian efforts



Dr. Hasan Mohamed & Dr. Jaffar Abbas



Nursing Continuous Education



Post-Operative
Recovery room Care
Rn Suju Aju
OT-Recovery Room Senior
Staff Nurse



Patient Safety &
Management
Remya Radhakrishnan
Manager - Quality



Chemical Spill
Sayed Hashem Adnan
Safety Officer & Security
Supervisor

Continuous Medical Education Updates

Management of Iron Deficiency



Dr. Shaker Alsadadi
Consultant Internist, Haematologist &
Medica Oncologist



Monitoring Capillary Refill Time in Shock



Dr. Hasan Mohamed
Consultant Intensive and Internist

Medication Administration



Ms. Elizabeth Antony
Nurse



Assessment of Visual Acuity in Infants & Children



Ms. Vineetha Balan
Optometrist