



مستشفى ابن النفيس ش.م.ب (مقفلة)
IBN AL-NAFEES HOSPITAL B.S.C (C)

INH Newsletter

HOPE • TRUST • LOVE



Dr. Hassan Al-Arrayedh
Chairman

Our Patients in Safer Hands

With the recent Visit and successful inspection from the American Heart Association (AHA) faculty representative to our AL Jasra Training facilities, Very soon, our hospital will become an International Training Center for Basic Life Support, to include advanced courses in the future ACLS. The training education programs will be conducted in the Training Education Centre at INH, once established. We aim to offer these services to both public and private organizations requiring basic life support training as it is mandated by NHRA for all healthcare professional.

All these advanced achievements with quality assurance are the direct results of the educational committee, spearheaded by Ms. Alka Srivastava the IT -Strategic Planning Consultant of the RD & E for this I would like to thank the members of the educational committee for working as a team and attaining good result.

These achievements reflect our dedication to ensuring the highest level of skills and knowledge among healthcare professionals, enabling them to make informed decisions and provide optimal care even in critical emergencies.”



INH Presence in Arab Health 49th Edition “Where the World of Healthcare Meets”

Under the theme of “Connecting Minds, Transforming Healthcare” the Arab Health Exhibition ran its 49th edition, the biggest healthcare show in the Middle East and North Africa (MENA) that took place at Dubai World Trade Centre from 29th January – 1st February. The exhibition was attended by 3,450 exhibitors from 180 countries live and in-person, presenting thousands of medical products and solutions that are changing the healthcare landscape. INH was keen to send delegates to explore the latest trends, breakthroughs and solutions in the region’s healthcare landscape.





FIT FOR LIFE

CELEBRATING SPORTS & WELLNESS



Walking is the Best Medicine for the Body and Mind, Ibn Al-Nafees Hospital celebrated Bahrain Sports Day in the presence of the Hospital Chairman Dr. Hassan Al-Arrayedh in addition to the hospital shareholders, managers and employees. The event included a lot of activities with the aim of encouraging exercise and practicing sports on the scale of individuals and the community.







Mr. Ali Fardan
CEO

I extend my heartfelt gratitude to the Chairman Dr. Hassan Al-Arayed and esteemed members of the hospital Board for entrusting me with the role of CEO. It is an honor to lead this institution, and I am committed to realizing our shared vision for a healthcare facility that exemplifies excellence in patient care, innovation, and community impact. As we change into this new chapter, I wish to express my appreciation to the dedicated heads of departments. Your leadership and support have been integral to our past successes, and together, we will continue to elevate the standards of healthcare provision.

Looking ahead, our vision encompasses a commitment to cutting-edge medical practices, patient-centric care, and fostering a workplace culture that values collaboration and continuous improvement. We are embarking on a journey toward achieving not just short-term goals but also laying the foundation for a sustainable and impactful future. I am excited about the future and invite each of you to be an integral part of our journey. Together, we will implement strategic plans that position our hospital as a beacon of healthcare innovation and compassion.

As the coming Month is the holy month of Ramadan. In the spirit of Ramadan, a time of reflection and compassion, let us unite in our commitment to serving our community with empathy and excellence. This holy month serves as a poignant reminder of our shared values and the importance of collective effort in achieving our vision.

Wishing you and your families a blessed Ramadan filled with moments of peace, joy, and renewed purpose.

INH Board of Directors Appointed Mr. Ali Fardan as CEO This Appointment Emphasizes the Hospital's Commitment to Nurturing National Talent and Driving Long-term Success



INH Revolutionizing Patient Care by Unveiling Cutting Edge AI Technology to Enhance Diagnostic and Treatment

Ibn Al-Nafees Hospital is pleased to announce the signing of a Memorandum of Understanding (MOU) with LUNIT, marking a significant step towards making the best possible utilization of the technology in delivering the most suited patient care. This strategic partnership outlines our commitment to innovative medical practice. The MOU was signed at Arab Health 2024 by the CEO of Ibn Al-Nafees Hospital and the partner's team.

Through this collaboration, we aim to pioneer the integration of LUNIT, the leading medical AI solution in Cancer Detection that helps in early detection of cancer through artificial intelligence. This MOU represents a powerful opportunity for Ibn Al-Nafees to significantly expand our impact in innovative medical care. Together with AI, we are set to achieve ambitious goals, innovative projects, and major improvements in the field of quality patient services. The MOU is the beginning of a fruitful partnership that will motivate us to work together to a productive and successful collaboration that benefits the communities of Kingdom of Bahrain.

Together, we are going to change the future of healthcare and Conquer Cancer Through AI.



AHA Faculty Representative Official Visit

Mr. David Fletcher, a distinguished member of the faculty for the American Heart Association (AHA) for the Middle East and North Africa, recently visited our INH Training facilities at the Al Jassra lecture hall. With this we are pleased to announce the successful inspection, signifying our preparedness to emerge as an International Training Centre for Basic Life Support (BLS) and First Aid. With future plans to incorporate Advanced Cardio Life Support (ACLS). Mr. Fletcher met Mr. Ali Fardan (CEO), Mr. Mohamed Alaali (HR & Training Manager), Ms. Ema Maria Gardner (Head of Nurse Training & Continued Education), Ms. Ameena Saad (Head of Infection Control) and Ali Ebrahim (Training Specialist). Join us on this transformative journey as we set the stage for a future of life-saving excellence at INH and the community.



PhysioPRO

Department by Ibn Al-Nafees
قسم العلاج الطبيعي

The Physiopro staff's commitment to continuous professional development is a cornerstone of their approach to patient care. This dedication was recently underscored by the acquisition of various new certifications by their team members. PT Farishta and PT Mariam Abdulla successfully completed an Orthopedic Manual Therapy Course, further solidifying their expertise in this specialized area. Concurrently,

PT Dalal broadened the scope of her clinical capabilities by completing a Blood Flow Restriction Course. Complementing these achievements, PT Mariam Mohd enhanced her clinical proficiency in the Mulligan technique through a Manual Therapy Course.

These advancements not only reflect the individual commitment of the staff members but also affirm the collective ethos of Physiopro in pursuing the highest standards of patient care through continual learning and skill enhancement.

For Appointments Contact us on
 **+973 17 828 280**

Celebrating Excellence: Talent Council Opening Ceremony



We are thrilled to share the exciting news of the creation of the Talent Council at Ibn Al-Nafees Hospital. A small opening ceremony took place on Tuesday, 6th February 2024, at Al-Jassra Hall. The event marked a significant milestone for the hospital. This council was formed, and its members were selected based on perceived potential and a high standard of trust by the board and higher management. The diverse talents, skills, and insights of the council members allow them to work closely together on achieving the council's objectives, such as workforce engagement, promoting the holistic well-being of all employees, and continuous improvement.

With the establishment of the Talent Council, the hospital aims to harness the collective expertise of its talented staff to drive advancements at all levels of the hospital. Talent management is about developing staff to meet both organizational and individual needs. The event was a resounding success, filled with inspiring speeches, insightful discussions, and a shared vision for the future of Ibn Al-Nafees led by today's promising youth. We extend our heartfelt congratulations to Ibn Al-Nafees Hospital and eagerly anticipate the transformative impact that the Talent Council will have on patient outcomes and the hospital as a whole.

In a Familial Atmosphere Mixed with Fun, Ibn Al-Nafees Hospital Events Committee Organized

Desert Staff Camp





Mr. Mohamed Alaali
HR & Training Manager

Appreciation for the Events Committee Members

Organizing a successful event requires a collective effort of a team. From planning to execution. From this message, I wanted to take a moment to express my heartfelt gratitude to the events committee members for their outstanding contributions. The dedication, creativity, and hard work played a crucial role in the success of the recent events, and I cannot thank you enough. The direct results of the collaborative efforts of the entire committee from commitment to excellence was evident in every aspect of the planning and execution process, from brainstorming ideas to coordinating logistics and ensuring a seamless experience for all attendees. The positive feedback we received from participants speak volumes about the tremendous impact of your efforts. The teams, unwavering enthusiasm, professionalism, and attention to details were instrumental in making the events a memorable and enjoyable experience for everyone involved. Your creativity in developing innovative ideas, your ability to handle unforeseen challenges, and your remarkable teamwork skills truly set you apart.

On behalf of the entire organization, I would like to extend my sincere thanks to each and every member of the Events Committee for your invaluable contributions. Your passions and dedication has made a significant difference and have enhanced our company's reputation for organizing exceptional events.

Wishing all of you continued success in all your future endeavors.

First Hospital Podcast in Bahrain

First hospital podcast in Bahrain “Alnas Lel Nas by Ibn Al-Nafees Hospital” Ramadan 2024 INH marketing department is proud to announce its 1st podcast program “Alnas Lel Nas” in Ramadan 2024. The program will be presented by TV presenter Shima Rahimi and will host our medical professionals and consultants who will share their knowledge, insights and provide reliable information that listeners can trust.



Nursing Continuous Education



Spill Management
Ameena Saad Abdulla
Head of Infection Control & CSSD



Vaccines & immunizations
Chery Mae Gamayon
Nurse



Iron Deficiency Anemia
Naema Ali
DCU Supervisor

Continuous Medical Education Updates

Sports in Healthcare



Dr. Reem Albareeq & Mr. Hameed Juma



Anemia Updates



Dr. Shaker Alsadadi
Consultant Internist, Haematologist & Medica Oncologist

Oral Semaglutide in Diabetes Management During Ramadan



Dr. Jaafar Abbas
Consultant Physician and Diabetologist



Beyond Optometry Excellence



Mr. Vijesh Unniraj
Staff Nurse

IOL Master 700



Ms. Aswani Shiju
Staff Nurse

