



مستشفى ابن النفيس ش.م.ب (مقفلة)
IBN AL-NAFEES HOSPITAL B.S.C (C)

INH Newsletter

HOPE • TRUST • LOVE



Dr. Hassan Al-Arrayedh
Chairman

Innovations in medical practice are of utmost importance in addressing and resolving numerous technical and medical challenges faced by professionals in the medical field. These challenges hinder our ability to provide suitable treatments for various diseases, including syndromes, pandemics, and cases with poor prognoses. That is why advanced medical institutions, major pharmaceutical companies, biomedical engineering firms, and industrial companies have dedicated research and development (R&D) departments to tackle these issues. Their aim is to invent new medications and apply novel surgical and diagnostic approaches to treat complex medical challenges, ultimately promoting healthier human lives. The upcoming major conference organized by INH will gather a diverse group of experts and innovators to explore these challenging issues. Topics team are gene therapies, nano-medicine drugs, stem cells, organ transplants, mysterious allergies, viral diseases, psychotic disorders, and psychosomatic derangements. These perplexing medical challenges will be thoroughly discussed during the conference. The Ibn Al-Nafees Hospital major conference is the first of its kind, but it will not be the last. It will address a wide range of important topics, paving the way for future INH conferences that will continue to foster advancements in medical practice.

BNMC Celebrated International Nurses Day 2024

Dr. Hasan Al Arrayed, along with the staff from INH, attended the International Nurses Day event hosted by the Bahrain Nurses Midwifery Council at AMH. The event also saw the attendance of the AMH CEO and other distinguished guests.





Mr. Ali Fardan
CEO

Remarkable Success

I am deeply honored to extend my heartfelt gratitude to everyone who contributed to the resounding success of the 1st INH Innovative Medical Practice Conference held on May 9-10, 2024, at the Gulf Hotel Convention Center.

Our profound thanks to the Supreme Council, the esteemed Ministers, NHRA CEO, the dedicated INH Doctors and Consultants, head of departments who provided their invaluable support. I would also like to acknowledge the speakers, both virtual and in-person, whose insights and expertise were vital in making this conference a landmark event. Special appreciation goes to Bahrain Nursing Midwives Society, RCSI volunteers, visitors, to all our distinguished guests, to the consultants who served as panelist. Your active participation enriched the discussions and learning experiences. Not to forget the essence of our success was encapsulated within the team of the organizing committee headed by Dr. Ali Jaafar and the team of the scientific committee under the leadership of Dr Jaafar Abbas, as they were responsible for the myriad of tasks, with their exceptional efforts and determinations in planning, executing and ensuring everything runs smoothly during the event. Thank you!!! We sincerely thank our chairman Dr. Hassan Al Arrayed, whose steadfast support has been instrumental in the success of this event. A special acknowledge to the esteemed board members for their commitment and cooperation. This conference was a remarkable milestone in our ongoing journey towards medical innovation and excellence. The collaboration and shared knowledge we witnessed will undoubtedly propel us forward in our mission to enhance healthcare practices.

See you all at the 2nd Ibn Al-Nafees Innovative Conference!!!

INH Participated in a Blood Donation Drive in Association with Applied Science University

The event aims to bring together students, community members for a noble cause and encourage voluntary blood donation to support local hospitals and patients in need.





Ms. Alka Srivastava
Chief Operating Officer

Announcement

Ibn Al-Nafees Hospital is proud to announce the promotion of Ms. Alka Srivastava to the position of COO (Chief Operating Officer).

From her 31 years of career, Alka has been associated with the Hospital for over 23 years. She brings decades of experience in Healthcare management, technology, Strategic planning, Project Management, Innovation and continuous improvement programs to transform the delivery of projects.

She holds a degree in computers application & sciences and dual MBA in healthcare management and medical legal system along with the certifications in Lean Six Sigma, Strategic planning and data analysis from reputed universities. She has been the recipient of several leadership awards, her diverse expertise uniquely positions her to drive operational excellence and innovation.

Please join us in congratulating Alka on this well-deserved promotion!



Ibn Al-Nafees Hospital welcomes our new consultant



Dr. Deena Mohamed

Consultant Pediatrician & Pediatric Nephrologist

Clinic Services:

- 1- Management of acute and chronic childhood and adolescent illnesses.
- 2- Diagnosis and treatment of respiratory illnesses and Asthma in children.
- 3- Management of allergies and skin diseases in children.
- 4- Management of Gastrointestinal disease Constipation, diarrhea.
- 5- Management of Bedwetting voiding dysfunction, recurrent Urinary tract infections.
- 6- Diagnosis and treatment of kidney diseases in children.
- 7- Regular child follow-up.

Leaders Met NHRA CEO to Discuss the 1st INH Innovative Conference

The Chairman, CEO and CMO had an audience with the NHRA CEO Dr. Ahmed Al Ansari to discuss the goals, objectives and timelines for the 1st INH Innovative Medical Practice Conference 2024.



Endoscopic Orthopedic Surgery



Endoscopic Orthopedic Surgery represents a significant advancement in the field of orthopedics, offering patients a less invasive option with quicker recovery and better outcomes. This advanced approach involves using a puncture wound and specialized instruments to perform surgical procedures on bones, joints and soft tissues.

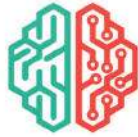
Dr. Ali Jaffer Al-Aradi

Consultant Orthopaedic & Trauma Surgeon

One of the key advantages of such a procedure is the reduced trauma to the surrounding tissues compared to traditional open surgery. This results in less pain, minimal scarring and faster recovery. Additionally, it leads to shorter hospital stays (day case) and a lower risk of complications. Common endoscopic orthopedic surgeries include arthroscopic procedures for the knee, shoulder, hip, and ankle joints. Surgeons use a tiny camera called an arthroscope to visualize the internal structures and guide their instruments with precision. This allows for the repair of ligaments, tendons, cartilage and other structures without the need for a large incision.

500 Participants

The Biggest Medical Conference in the Island



**Innovative
Medical
Practice**

#Towards_Future_Medicine

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The First INH Conference





The First INH Conference





A Visit to Ibn Al-Nafees Hospital Laboratory by the MOH Primary Health Care Team

The visit provided an opportunity for open communication and exchange of knowledge between our staffs and the primary health care team.



Community Nutrition

An invitation by ministry of health on health education on reading the food labels Presentation given to the community in Al Kharjiya civil society - Sitra.



Farewell Party

Nurse Shahraban Abdulla Head of External Clinics farewell party, Nurse Shahraban had joined a hospital several years we wish her a great success on her new journey.



“Innovative Urinary Incontinence Techniques by PT Farishta Turab at UOB Forum 2024”

PT Farishta Turab, Head of Physiotherapy, recently delivered an enlightening presentation at the University of Bahrain Forum for Postgraduate Studies in 2024. As a distinguished speaker, she shared her pivotal research on urinary incontinence management, unveiling the latest physiotherapeutic techniques and their transformative effects on patient care. Her expert insights provided a profound understanding of treatment advancements, captivating her audience and setting a forward-thinking agenda for continued research and practice in the field.



Celebrating HR International Day at Ibn Al-Nafees Hospital

Ibn Al-Nafees Hospital, a leading healthcare institution, recently celebrated HR International Day with great enthusiasm and fervor. The event aimed to recognize and appreciate the invaluable contributions of the hospital's HR team in creating a positive work environment, fostering employee growth, and ensuring the well-being of the entire staff. The celebration of HR International Day at Ibn Al-Nafees Hospital served as a platform for staff members from various departments to come together and honor the efforts of the HR team.



Mr. Mohamed Alaali
HR & Training Manager

HR Manager Message

As we approach the mid-year mark, I want to take a moment to reflect on what we've accomplished and look ahead to the rest of 2024. Despite the challenges we've faced, this team has continued to rise to the occasion and deliver impressive results. Your passion, creativity, and teamwork have been instrumental to our ongoing success.

I'm confident that with your continued drive and enthusiasm, we will finish 2024 on a high note. Thank you all for your incredible efforts. I'm honoured to work alongside such a dedicated and talented team.

Here's to an amazing second half of the year!



HR Attendance Meeting

Ms. Maryam Al Aradi has organized a special meeting with all supervisors and heads of departments to address and resolve the challenges related to staff tardiness and the Time Tech System.



Ophtha Experts Symposium



Nursing Continuous Education



Cholecystectomy
Rn Reena John
Senior Staff Nurse



Bronchial Asthma
Twinkle Joseph
Senior Staff Nurse



Artificial Intelligence in Gastro Intestinal Endoscopy
Reyab Ambong
Endoscopy Senior Staff

Continuous Medical Education Updates

Gastroenteritis



Dr. Khatoon Alzaimoor
Specialist Emergency Medicine



Headache



Dr. Hani Humaidan
Consultant Adult Neurology & Stroke

Chronic Kidney Disease in Children



Dr. Deena Mohamed
Consultant Paediatrician & Pediatric Nephrologist



24hr Academic Activities

Surgical Suturing Skills “2”



Dr. Mahmood Abbas
Consultant Pediatric Surgeon