



مستشفى ابن النفيس ش.م.ب (مقفلة)
IBN AL-NAFEES HOSPITAL B.S.C (C)

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INH Newsletter

HOPE • TRUST • LOVE



Dr. Hassan Al-Arrayedh
Chairman

Learning is Power

At INH, educational activities are given top priority as we firmly believe that continuous learning and development is essential for maintaining excellence in medical practice. Our academic activities are ongoing and meticulously planned to provide comprehensive learning opportunities for all healthcare professionals. Every Tuesday, we hold lectures in the Al Jasra Lecture Hall, which is a major event for our institution. This gathering brings together doctors of various levels, nursing-related paramedics, and pharmacy agents. These sessions are designed to be highly scientific and are one of the cornerstones of our academic interaction. During these lectures, participants engage in formal debates, follow structured instructions, and benefit from detailed PowerPoint presentations. This structured approach ensures that the information is conveyed effectively and that all participants can gain the maximum benefit from the sessions. In addition to the Tuesday lectures, various departments within INH have their own scheduled educational activities throughout the week. These include lectures, workshops, demonstrations, and round table discussions. Each department tailors its sessions to address specific topics relevant to their field, ensuring a well-rounded and specialized educational experience.

Our slogan, "KNOWLEDGE IS POWER," encapsulates our belief that education is the key to excellence in healthcare.

Vascular & Interventional Unit Opening

Ibn Al-Nafees Hospital opened its newly advanced "Vascular and Interventional Unit", in the presence of the hospital board of directors and a number of the kingdom's elite vascular consultants. The opening of the new radiology unit comes within the hospital strategy of developing a path by implementing the latest diagnostics technologies, and treatments and improving the prognosis of a patient's disease.





Mr. Ali Fardan
CEO

I want to highlight our ongoing commitment to patient satisfaction and the overall enhancement of the patient experience. At the heart of our mission is the continues dedication to providing compassionate, personalized care that not only meets but exceeds the expectations of our patients. This commitment is driven by the belief that every interaction with our patients is an opportunity to make a positive impact on their health and well-being. Effective communication plays a pivotal role in our approach to healthcare. We strive to ensure that every conversation between our healthcare team and our patients is clear, open, and respectful. This fosters a trusting relationship where patients feel heard and valued, and their needs are met promptly and accurately. Our goal is to deliver care that is not only clinically excellent but also empathetic and responsive to the individual needs of each patient.

Our healthcare team is the cornerstone of our hospital, and we hold each member to the highest standards of professionalism and dedication. We understand that a positive working environment is essential for the well-being and optimal performance of our staff. To this end, we are committed to providing the resources and support necessary for our team to thrive, recognizing that their satisfaction directly influences the quality of care they provide. Listening to our patients is crucial. Their feedback offers invaluable insights that guide us in continuously refining our services and care practices. We encourage all staff members to actively seek out and value patient feedback, viewing it as a vital component of their roles. This ongoing dialogue with our patients helps us to stay aligned with their needs and expectations. Continuous training and development is fundamental to maintaining our high standards of care. We are dedicated to ensuring that our staff have access to the latest medical advancements.

Vascular & Interventional Unit Opening



Ibn Al-Nafees Hospital welcomes our new consultant



Dr. Rola Husain

Diagnostic & Interventional
Musculoskeletal Radiology
Consultant

Clinic Services:

- 1- Diagnosis of joint diseases including the spine, shoulder, elbow, wrist, fingers, pelvis, hip, knee, ankle and foot.
- 2- Diagnosis of sports injuries and diseases of bones, tendons, ligaments and muscles.
- 3- MR arthrogram of the joints.
- 4- Image guided bone and soft tissue biopsies.
- 5- Image guided joint injection and aspiration.

Pain treatment: Image guided injection of spine and joint pain to treat:

- Frozen shoulder.
- Shoulder, hip and knee pain.
- Calcific tendinosis.
- Tennis and golf elbow.
- Plantar fasciitis.
- Trigger finger.
- Nerve pain, caused by sensory nerve entrapment.
- Back pain.

AI Launching Event Conquer Cancer Through AI

During a landmark signing ceremony, Ibn Al-Nafees Hospital announced being the “**First Center of Excellence**” utilizing AI-based solutions for advanced lung and breast cancer detection, the new technology will empower radiologists at Ibn Al-Nafees with cutting-edge technology to revolutionize cancer diagnosis and treatment. The ceremony was attended by the Hospital chairman Dr. Hassan Al-Arrayedh, the board of directors, and a number of the Kingdom’s elite radiologists.



Risk Management Training

Ms. Remya Radhakrishnan, Manager - Quality and Patient Safety conducted a hospital-wide lecture on Risk Management in Healthcare. Managers and staff from various departments attended the session. She explained in detail the importance of Risk Management in Healthcare, types of risks, Enterprise Risk Management etc. The session covered the risk management framework which includes identification, evaluation, prioritization, mitigation and monitoring of risks. How to prepare and update departmental risk register was also explained with examples.



Remya Radhakrishnan
Manager - Quality & Patient Safety



DONATE BLOOD DONATE LIFE



Ibn Al-Nafees Hospital held a second blood donation campaign, in cooperation with the Blood Bank. Where more than 70 donors from hospital workers participated





The World CIO 200 Summit 2024 - Bahrain Edition had the event organized under the Theme: UNVEIL AND UNLEASH - The Might of the IT Industry Titans

Ms. Alka Srivastava, COO, Ibn Al Nafees Hospital is the WINNER for the World CIO 200 Summit 2024 BAHRAIN Edition in the LEGEND category with contribution to the IT industry for more than 30 years!



Continues Contribution of His Skills and Expertise Through Lectures

During the months of May and June 2024, in conjunction with the World Asthma Day and the World No Tobacco Day, Dr. Reyadh Salman - Consultant Chest, Critical Care and Sleep Medicine held a series of lectures and educational scientific workshops to enhance awareness among the medical community to reduce the spread of these diseases and urge to quit smoking, especially among youth groups, in addition to highlighting the latest developments and therapies in the field of Respiratory Medicine.



Rotary Club of Seef Bahrain and Ibn Al-Nafees Hospital signed a Memorandum of Understanding (MoU)

The agreement was signed by the club president Mr. Adnan Al-Ameer, and Mr. Ali Fardan, the hospital CEO.






The memorandum aims to strengthen mutual cooperation between the two parties and provide the club patients with the highest levels of healthcare and comfort. Ibn Al-Nafees Hospital offers medical services with cutting-edge technology, complemented by vast experience of medical professionals.

Ibn Al-Nafees Hospital is committed to serve the community by achieving its environmental and social goals.



Happy Kids Safe Summer

Sun safety tips for babies and kids

-  **Stick to the shade** to protect baby's skin.
-  **Wear sunglasses** with UV protection.
-  **Try a hat** for additional shade.
-  **Wear light-colored clothes** to keep baby cool.
-  **Reapply sunscreen** every 1-2 hour.



Dr. Deena Mohamed
Consultant Pediatrician

INH HR Team Attend the International Conference

HR Team had attended the international conference “**Building the Capacities of Gulf Human Resources**”. It focused on the relevance of using modern technology to enhance employees’ capabilities and the importance of integrating artificial intelligence into capabilities development programs, and ways to use artificial intelligence to analyze data to discover talent, develop capabilities, and increase productivity.



EWS for Early Detection and Deterioration of Patient



Remya Radhakrishnan
Manager - Quality & Patient Safety

INH conducted an online training session for all Nursing Supervisors, Team leaders and preceptors on the topic - “**Early Warning Score for early detection and deterioration of patient**”.

The session was delivered by Dr. Parivalavan Rajavelu, Laparoscopic Surgeon and founder of SkillsforMed Chennai, India.

The training was coordinated by Quality department in association with Nursing department for ensuring the clinical practices are in line with updated version of EWS monitoring & documentation.

INH always focuses on enhancing and updating nursing skills to ensure Patient Safety and Quality Care.



Nursing Continuous Education



Nursing Care Plan
Rn Jincy Mathew
Staff Nurse



Thyroidectomy
Rn Bincy Alex
Senior Staff Nurse



Patient Fall Risk
Assesment
Emma Maria Gardner
Head of Nurse Training
& Continued Education

Continuous Medical Education Updates

Lymphangitis & Lymphadenitis



Dr. Wadie Yousif
Consultant Radiologist, Vascular
& Interventional Radiologist



Why We Get Double Vision



Dr. Hassan Al-Arrayed
Senior Consultant Ophthalmic Surgeon

You are What you Breath:

Latest Developments in Obstructive Lung Diseases



Dr. Reyadh Salman
Consultant Chest, Critical Care & Sleep
Disorders



24hr Academic Activities

Diagnostic Approach by Fast Ultrasound



Dr. Wadie Yousif
Consultant Radiologist, Vascular &
Interventional Radiologist

