



مستشفى ابن النفيس ش.م.ب (مقفلة)
IBN AL-NAFEES HOSPITAL B.S.C (C)

INH Newsletter

HOPE • TRUST • LOVE

INH Hosted End-of-Year Celebration to Honor its Staff Members for Their Hard Work and Dedication



Dr. Hassan Al-Arrayedh

Chairman

Chairman Message

Today is a special day; because we are celebrating our success story at INH, and the most joyful story is that of your continuous success and achievements.

In spite of moments of demotivation or problems in your personal life, we at the leadership level are very optimistic... because you sharing these happy moments with members of our big family in today's staff party inspires us to help every one of you feel proud of what you have achieved. These achievements are the result of your hard work, dedication and loyalty. Here today we appreciate and share your continuous achievements and encourage motivation, thereby adding a sense of positive enthusiasm in your everyday routine at the workplace. We feel proud of your trust and continuous participation.

Let me today raise my applause and salutes to our top management team; especially our CEO, our IT & Strategic Planning Department Director, our Principal Nursing Officer, our HR Director, and all of our employees. We hope to get better results for the hospital by helping you reach your best in terms of skills, missions, goals, and innovations.

Manama Health Congress & Expo

INH participated as a golden sponsor in Manama Health Congress and Expo 2023 (Manama Health), and the 15th Arab-German Health Forum that was held at the Exhibition World Bahrain.

Participants from all over the world affirmed that the health sector in the Kingdom of Bahrain is keen to achieve sustainable development goals as reflected in its commitment to taking effective steps to keep pace with scientific developments in the health field and ensure that quality health services are delivered to everyone.



Dr. Mariam Al-Jalahma honored INH team for their participation as a golden sponsor



Dr. Hessa Aldoseri NHRSA Scientific Committee Board Member, visit to INH booth



Dr. Ahmed Mohammed Al-Ansari, CEO of NHRSA and Mr. Ali Hasan the Senior Manager of Corporate and Government Events at Bahrain World Exhibition, visit to INH Booth



Hospital Chairman Interview with Bahrain TV



Health minister of Republic of Iraq visit to INH booth



Dr. Mahdi Alshowaikh Specialist in Dermatology, Venereology & Aesthetic Medicine, visit to INH booth



Exhibition visitors to Physiotherapy section



PT. Mohamed Faheem Participation



Hospital Ambulance



Bahrain Economic Development team, visit to INH booth



INH Team received appreciation certificates for their participation as a golden sponsor



INH doctors participation in the exhibition



Group picture



INH employees participation



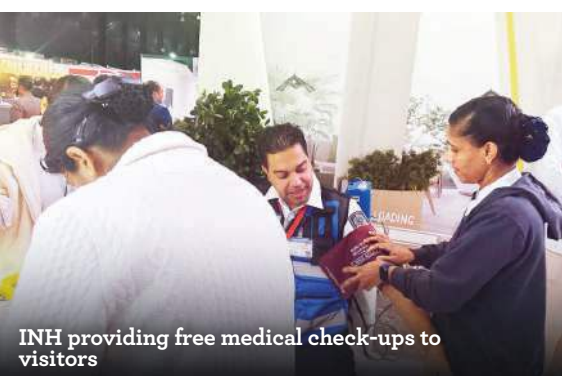
INH team receiving appreciation certificates for their participation as a golden sponsor



INH doctors and employees participation in the exhibition



INH nursing department participation



INH providing free medical check-ups to visitors



INH team group picture



Mr. Ali Fardan
Acting CEO

I am so honored to announce that our hospital proudly participated as a Gold Sponsor in the recently concluded Manama Health Congress & Expo 2023. It was truly encouraging to witness the collaborative spirit of our committee members, supporting one another with innovative ideas and dedicated efforts to fulfill their individual tasks.

As the holiday season approaches, I want to take this opportunity to wish each and every one of you a joyous and Merry Christmas for those who celebrate this occasion. The festive season is a time to come together, celebrate our achievements, and appreciate the spirit of unity that defines our hospital community.

Your hard work and commitment have been key contributors to our success, and I am grateful for the dedication you demonstrate every day. As we look forward to the Bahrain National Days and Christmas celebrations, and not to forget our staff party that will be on the 21st of December at Crown Plaza, may these occasions bring joy, warmth, and well-deserved moments of relaxation for you and your loved ones.

Looking ahead, I am excited about the possibilities and confident that, with our shared dedication we will achieve even greater milestones in the coming year 2024.

Thank you for your hard work, loyalty and untiring commitment to the values of Ibn Al-Nafees Hospital.

Thank you for your continued efforts, and let us embark on the festive season with enthusiasm, gratitude, and a shared sense of accomplishment.

Wishing you all a Happy and Healthy Holiday Season!

Happy New Year 2024

Bahrain National Day Celebration



Greeting the hospital patients in 24HRS



Greeting the hospital patients in 24HRS



Hospital CEO greeting the hospital inpatients



Dr. Hasan Mohamed Al-Tooblani Intensive care medicine, INH team greeting the hospital inpatients



Dr. Hasan Mohamed Al-Tooblani Intensive care medicine, INH team greeting the hospital inpatients



love & compassion



Dr. Hassan Alarrayed Elected as Secretary General of the Bahrain Private Hospitals Associations



Role of Physiotherapy in Managing Pelvic Floor Dysfunctions (UI)



PT Farishta Turab
Head of Physiotherapy

PT Farishta Turab, an esteemed figure and Head of the Physiotherapy Department, represented Ibn Al-Nafees Hospital with eminence at Arabian Gulf University as a keynote speaker. Her session focused on the critical role of physiotherapy in treating pelvic floor dysfunctions, particularly urinary incontinence.

With her profound knowledge and experience, she elucidated advanced physiotherapeutic techniques and their effectiveness.

Her insightful presentation not only highlighted this specialized medical field but also underscored the vital contribution of physiotherapy in advancing patient care, reflecting the high standards of Ibn Al-Nafees Hospital in healthcare excellence.

APM Terminal (@Khalifa Bin Salman Port-Hidd)



Ibn Al-Nafees Hospital is thrilled to announce a successfully signed contract with APM Terminal (at KBSP Hidd), a renowned port facilitator of external trade & marine services through container terminal activities, general cargo, RoRo, cruise and related port services, thus contributing significantly to Bahrain's economic growth. This partnership marks a significant milestone for us and opens up new avenues for collaboration and growth in the healthcare sector. The contract signing with APM Terminal solidifies our commitment to delivering high-quality healthcare services and expanding our reach to a wider patient base. Our team is excited about the opportunities this partnership brings. We believe that by combining our knowledge, skills, and resources, we can make a significant impact on the healthcare landscape in our community. We look forward to a fruitful and mutually beneficial relationship with APM Terminal.

Together, we will strive to make a positive difference in the lives of our patients and contribute to the advancement of healthcare in kingdom of Bahrain. Thank you for your continued dedication and support as we embark on this exciting new chapter.

Nursing Manager Ms. Layla Al Thahabi Celebrated the Nursing Department End of Year Achievements



Celebrating Success and Building Team Spirit: A Recap of the Annual Staff Party



Mr. Mohamed Alaali
HR & Training Manager

The annual staff party recently took place, bringing together employees from across the hospital for a night of celebration and reflection. As the year draws to a close, the event served as a perfect opportunity to recognize achievements, strengthen team bonds, and express gratitude for everyone's hard work and dedication.

The event served as a reminder of the collective strength and determination that defines the organization. As employees return to their daily routines, the memories and connections forged at the staff party will continue to foster a positive and collaborative work environment, driving the hospital towards continued success in the future.

Thank you once again for your hard work, dedication, and unwavering support. I wish all of you and your loved ones a joyous holiday season and a prosperous New Year. Let us embark on this new chapter with renewed enthusiasm, united as a team, and ready to make a difference.

Here's to a remarkable year ahead!

IGOAI Microsoft Powered Award

Ibn Al-Nafees Hospital's ICT manager, Alka Srivastava received the appreciation award from IGOAT at a Microsoft powered event, she had also participated as a panelist, sharing insights on AI driven cybersecurity solutions.



Comparison Between the Caudal Block and Other Methods of Postoperative Pain Relief in Children Undergoing Circumcision: A Prospective Randomized Study



Zeana Amer Gawwe
Anesthesia Specialist

Background: Caudal block (CB), dorsal nerve penile block (DPNB), and systemic opioids are common techniques used in pediatric surgeries to provide analgesia for penile surgery such as circumcision. This study aimed to compare the effectiveness of the CB with other methods of postoperative pain release.

Methods: This prospective, randomized, case-controlled trial was conducted in the main pediatric operation theater and post-anesthesia recovery unit (PACU). Successive children aged 3 months to 3 years who had American Society of Anesthesiologists Physical Status classification I had undergone elective circumcision surgery was recruited.

Children were randomized to one of 3 groups, The need for analgesia and parental satisfaction were assessed during the first 6 hours postoperatively. The Face, Leg, Activity, and Cry Consolability (FLACC) pain scale and behaviors were used to observe and compare the three groups.

Results: Participants' heart rate was higher among group C, while it was the lowest in group A during the observation period ($P < 0.05$). High pain, crying, movement, agitation, and posture scales were observed among group C followed by group B, while group A showed the lowest scores. Patients who received penile block had expressed a longer time to achieve the "relaxed and comfortable" status but with no significant difference with the other two groups. Moreover, types of regional blocks were mainly the significant predictor of pain scale at 5, 10, 20, 30, and 60 minutes post-operative.

Conclusions: For postoperative pain management, the study has shown that CB is proven to produce higher levels of analgesia and a longer period of pain release compared to penile block, even if both methods help relieve pain during pediatric surgical procedures.

Keywords: Caudal; Pediatric; Penile block; Opioids; Circumcision; Postoperative analgesia.

Nursing Continuous Education



Key Performance Indicators
Sara Meshal
Quality Officer



Management of multi drug resistant organisms in INH
Ameena Saad
Head of Infection Control & CSSD



Arterior Cervical Dissection & Fusion (ACDF)
Twinkle Joseph
Senior Staff Ward - 55

NHRA has Approved our CME Application for 2024

Application for In-House Continuing Medical Education (CME) activity approval with National Health Regulatory Authority (NHRA) has been successful! This approval encompasses Medical, Nursing, and Allied Health Care professionals, paving the way for an enriching learning experience in 2024.

Continuous Medical Education Updates

Management of Iron Deficiency



Ahmed Hussien
Therapy Area Specialist, Vifor



GLP1 Receptor Agonists from Discovery to Oral Delivery a Milestone in the Treatment of Type 2 Diabetes



Dr. Rafeeq Adnan
Consultant Endocrine and Diabetes

Updates in Management of Upper Gastrointestinal Bleeding



Dr. Aymen Bukannan
Consultant Gastroenterology and Hepatology, Advanced Endoscopy

