



مستشفى ابن النفيس ش.م.ب (مقفلة)
IBN AL-NAFEES HOSPITAL B.S.C (C)

INH Newsletter

HOPE • TRUST • LOVE



Dr. Hassan Al-Arrayedh

The First INH Congress

In May 2024 Ibn Al-Nafees Hospital will have its first academic medical congress under the major topics of innovation in medicine for better patient care. We are excited to announce the upcoming scientific congress – “Innovative Medical Practice”, a premier event dedicated to improving the patient care by innovative methodologies. This conference will bring together leading researchers, academics, and professionals not only from the Kingdom of Bahrain but also international participants to share the latest advancements, research, and insights. The theme indicates that we at INH powered by the highest numbers of consultants in various field of medical specialties are very much eager to take the major role in advocating continuous education and promoting innovations to provide the highest standards of tertiary care, under the slogan of Knowledge is Power, where we have a continuous education program throughout the year, such as our regular Tuesday lectures, clinical meetings at Al Jasra Hall, attended by various consultants, specialists, paramedics, nurses and all other interested technicians. INH is committed to gather medical professionals of diverse backgrounds at conferences to provide an enriching learning experience for both the audience and the participants. It will allow them to present and discuss their experiences and research. The unconstrained environment of a conference will also provide an opportunity for consultants to present their work, engage in collegial debates and discussions, and receive feedback, peer reviews. Brainstorming during these discussions can help develop solutions.

INH Hosted End-of-Year Celebration to Honor its Staff Members for Their Hard Work and Dedication



INH Staff Party







Mr. Ali Fardan
Acting CEO

As we bid farewell to 2023, I want to extend my heartfelt gratitude to each and every one of you for the remarkable achievements, successes, and the untiring perseverance displayed throughout the year. The challenges we faced were met with resilience and a collaborative spirit that truly exemplifies the strength of our team.

I commend the outstanding efforts of every department and the remarkable leadership displayed by our department heads who steered the ship independently, driving us towards success. Your dedication and hard work have not gone unnoticed, and I am truly grateful for the collective commitment to excellence.

As we embark on the journey into 2024, let's approach it with optimism and a continuous commitment to giving our best in everything we do. Let's be bold and resilient, ready to face any obstacles that may come our way. Remember, our success is a result of our collective efforts, and we are all integral players in this team.

In the healthcare profession, we cannot achieve success alone. Our ultimate goal is the well-being of our patients, and it's our teamwork that powers the path to healing. Let's continue to work hand in hand, supporting each other, and making a positive impact on the lives of those we serve.

Thank you for your dedication, hard work, and commitment. Here's to a successful and fulfilling 2024!

INH First Scientific Conference



Ibn Al-Nafees Hospital is pleased to launch its first scientific conference under the slogan. "Innovative Medical Practice".

Ziehm Imaging



This unique and versatile all-in-one mobile C-arms represent the most compact systems for even the smallest treatment scenarios, eliminating the need for a separate monitor cart. One new variant features a new 31 cm x 31 cm IGZO flat-panel detector. This enables a wider range of applications, such as imaging the entire hip in orthopedics.

The C-arm's ability to perform digital subtraction imaging helps visualize various procedures, such as GI interventions, renal procedures, vascular interventions like angiography and angioplasty, embolization, and addressing conditions like varicocele and uterine artery embolism. Being the first in Bahrain indicates advancements in healthcare technology in the region.

Their advanced imaging capabilities, making them valuable in various medical procedures. The digital subtraction feature helps enhance visibility without harming bones, veins, or arteries during interventions like GI procedures, renal surgeries, and vascular interventions.



Dr. Wadie Yousif
Consultant Radiologist, Vascular & Interventional Radiologist

Relocation of Data Center

It is a matter of great achievement to inform everyone that IT team has managed to relocate the existing server room to a new location with almost 0 downtime. This move is part of sharing the vision and efforts of the leadership of INH to enhance our IT infrastructure and provide better services to our patients. We have taken extensive measures to ensure a smooth transition to an upgraded setup of new server room fully equipped with sophisticated components.

We appreciate everyone's cooperation and support in this endeavor. It was a challenge to shift the 23 years old data center but our team has completed this transition efficiently and effectively.



Tamkeen Visit to INH as Part of its Engagement with the Private Sector



Since establishment in 2001, Ibn Al Nafees Hospital has been thriving by offering top-end medical solutions. We are committed to providing high quality medical services and will continue marching towards our vision by investing in our human capital through Tamkeen's enhanced programs. We are proud that our Bahrainization rate is 45% and believe that we can upskill our talent through the recently announced programs.

Ali Fardan
Acting CEO of Ibn Al Nafees Hospital

تمكين
Tamkeen



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A Day to Celebrate the Gulf Children's Day



Gulf Children's Day is an international event announced by the Gulf Health Council that seeks to highlight children's rights and raise awareness of them in several areas, including health and education. Children are the future generation and taking care of their healthy quality of life is one of our responsibilities.

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Register Now

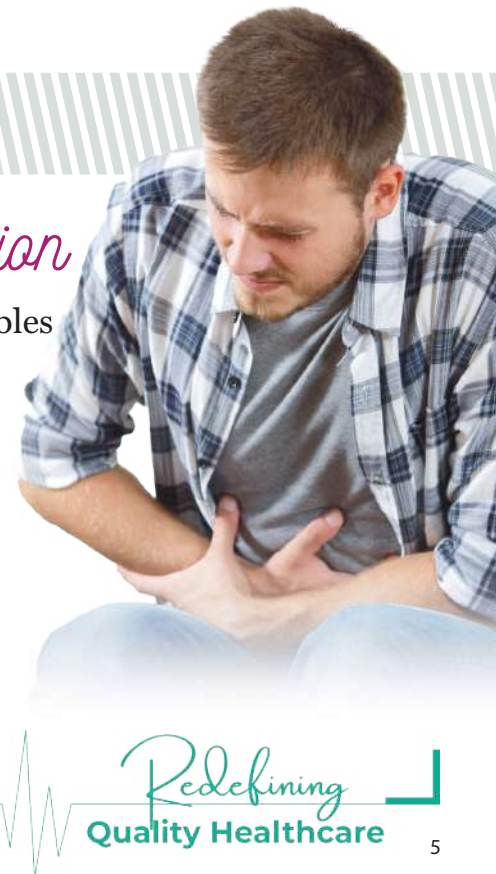
Tips

to prevent constipation

- Eat plenty of fruits and vegetables
- Drink plenty of water
- Consider probiotics
- Get regular exercise
- Avoid excessive caffeine
- Add prunes
- Eat high fiber foods



Nagham Noureddine
Clinical Dietician



Redefining
Quality Healthcare

Experience the Benefits of Ceiling Mounted X-ray System

Ibn Al-Nafees Hospital has recently installed a state-of-the-art Ceiling Mounted X-ray system which indicates a commitment to providing advanced medical services and improving diagnostic capabilities. Ceiling-mounted X-ray systems offer several advantages in medical imaging.



Here are some potential benefits of latest Ceiling Mounted X-ray system installed in hospital:

Flexibility: Ceiling-mounted systems are often more flexible in terms of positioning and movement, allowing for a wide range of imaging angles. This flexibility is crucial for capturing detailed and accurate images for various radiology applications.

Patient Comfort: With a ceiling-mounted system, patients may experience increased comfort during X-ray examinations. The adjustable positioning of the equipment allows for more comfortable and convenient patient positioning.

Efficiency: The advanced technology in the new X-ray system likely enhances the efficiency of the radiology department. Faster image acquisition, improved image quality, and streamlined workflow contribute to quicker and more accurate diagnoses.

Image Quality: State-of-the-art systems typically come with improved image quality, providing clearer and more detailed radiographic images. This is essential for accurate interpretation and diagnosis by healthcare professionals.



Dose Reduction: Many modern X-ray systems are designed to minimize radiation exposure to patients while maintaining diagnostic image quality. This is a critical aspect of patient safety in radiology.

Integration with Digital Systems: The new X-ray system may be integrated with digital imaging technologies, allowing for easy storage, retrieval, and sharing of medical images. This digital integration facilitates a more seamless and efficient diagnostic process.

Enhanced Diagnostic Capabilities: The comprehensive radiology applications offered by the new machine likely cover a range of diagnostic needs, including

the imaging of bones and other structures. This versatility allows for a thorough assessment of various medical conditions.

Ibn Al-Nafees Hospital's investment in advanced medical imaging technology reflects a commitment to providing high-quality healthcare services and staying at the forefront of medical advancements. Patients and healthcare professionals alike can benefit from the improved capabilities and efficiency offered by such cutting-edge equipment.



Mr. Mohamed Alaali
HR & Training Manager

Ibn Al-Nafees Talent Council

We are excited to announce the establishment of our new Talent Council, aimed at fostering a culture of continuous learning, development, and advancement within our hospital. The Talent Council will play a pivotal role in driving our talent management initiatives and ensuring that we attract, develop, and retain top talent.

As an HR manager, I am pleased to introduce this initiative, which will bring together a diverse group of individuals from various departments and levels within the company. The Talent Council will serve as a platform for collaboration, innovation, and strategic thinking, with the ultimate goal of maximizing the potential of our employees and driving the hospital success.

We believe that the Talent Council will play a vital role in shaping our hospital's future by harnessing the power of our talented workforce. We encourage all employees to contribute their ideas, insights, and suggestions to the council members, who will be announced in the coming weeks.

We are excited about the possibilities that the Talent Council brings and look forward to working together to unlock the full potential of our employees.

Ladies Breakfast Sharing Smile Joy and Laughter a Great Way to Start the Day



Basic Life Skills

A free Basic life skills for Adolescents from age 13 to 18 years presented by Dr. Layla Thamer Consultant Psychiatrist at Al Jasra Lecture Hall.



Enhancing Training Excellence: The Invaluable Addition of Manikins to our Training Centre

In the realm of education and professional development, hands-on training plays a pivotal role in shaping competent and skilled individuals. Ms Ema Gardner (Head of Nurse Training & Continued Education) explained that the integration of cutting-edge resources elevates the learning experience, fostering a more comprehensive understanding of real-world scenarios. Mr Ali Ebrahim (Training Centre Specialist) added: One such invaluable addition to our training centre has been the introduction of manikins, versatile and realistic training tools that have revolutionized the way we impart knowledge and skills.



Nursing Continuous Education



Types of Personality
Ali Hasan Ebrahim
HR - Training Center
Specialist



Nephrectomy
Sosamma Bose
Nurse



Stigma Against Psychiatry
Ali Hasan Ebrahim
HR - Training Center
Specialist

Continuous Medical Education Updates

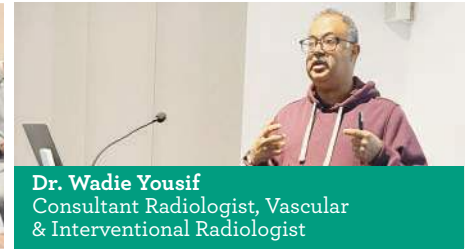
Perinatal Asphyxia



Dr. A.Hadi Al-Mohsen
Consultant Pediatrician & Neonatologist



Interesting Radiology Case



Dr. Wadie Yousif
Consultant Radiologist, Vascular
& Interventional Radiologist

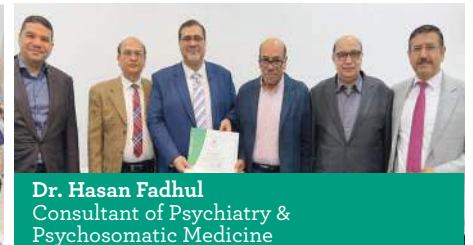
Laser Applications in Aesthetics & Dermatology



Dr. Nedhal Khalifa
Consultant Dermatologist



Best Practices in Delirium Management



Dr. Hasan Fadhul
Consultant of Psychiatry &
Psychosomatic Medicine

Slowing Myopia Progression



Dr. Ghadeer Al Arrayed
Resident Ophthalmology



Optic Nerve Analysis with OCT (Optical Coherence Tomography)



Dr. Revathi Krishnan
Specialist Ophthalmic Surgeon