



مستشفى ابن النفيس ش.م.ب (مقفلة)  
IBN AL-NAFEES HOSPITAL B.S.C (C)

# INH Newsletter

HOPE • TRUST • LOVE

Redefining  
Quality Healthcare



**Dr. Hassan Al-Arrayedh**  
Chairman

## Relaxing Music: Happy Patients

Each patient who comes through our doors is precious and deserving of our utmost care and compassion. While a patient's passing may be one of many that a healthcare provider encounters, for the patient's family, it is an immeasurable and permanent loss. That is why we must continue to elevate our quality of care for every individual who entrusts us with their health and wellbeing. To that end, we have made significant investments to create a truly welcoming and restorative environment for our patients and their families. The dramatic renovation of our ground floor has transformed the space, introducing relaxing music, a modern café setting, and the latest interior design. These thoughtful touches are not merely aesthetic - they have had a very positive and reassuring psychological impact on our visiting patients. Importantly, these enhancements have also improved the work environment for our dedicated staff, providing them with more relaxed and supportive surroundings. This, in turn, will directly contribute to enhanced patient satisfaction. By enveloping our patients in a soothing, music-filled environment and ensuring the highest standards of compassionate care at every stage of their journey with us, we are committed to providing each individual who trusts us with a truly happy and healing experience.

## MRI New Generation Signing Ceremony

In the presence of Her Excellency the Ambassador of Japan in Bahrain Ms. Asako Okai, the chairman of Ibn Al-Nafees Hospital Dr. Hasan Al-Arrayedh signed the contract of its new MRI system. **The new MRI system** integrates AI for enhanced diagnostic precision, ensuring clear and detailed imaging crucial for accurate diagnoses in all specialties.

With its powerful 1.5T magnet, the system offers faster scan times and significantly reduced noise levels, improving patient comfort and overall efficiency. Additionally, it boasts a full theatre patient relaxation system, ensuring a more comfortable ambiance and experience during scans. This initiative not only strengthens our diagnostic capabilities but also reflects our dedication to delivering compassionate healthcare solutions at the forefront of medical innovation.





**Mr. Ali Fardan**  
CEO

Let's embark on a journey together as we ponder on INH's recent achievements. The MRI New Generation signing ceremony was first on the agenda. We were honored to have the Japanese Ambassador, Her Excellency Ms. Osako Asako, witness this momentous achievement as we acquired one of the most advanced radio imaging technologies. Dr. Hassan Al-Arrayed, INH chairman, and Mr. Shintaro Nishimura, Canon General Manager for the Middle East, respectively attested to their signatures. Present on the occasion were INH board members and management with the Canon representatives.

Encouraging newscast during the Ashura celebrations, we set up a clinic specifically for aiding community people who needed first helping hands and, in certain circumstances, referrals to our main hospital. We were very pleased with the outstanding response we received from the community, which is something we would like to repeat every year.

Moreover, the ENT audiology room on the third floor is presently open and providing patients requiring ENT services, marking a further leap ahead towards serving our patients with innovative care.

Meanwhile, we are very positive on our quest to become an American Heart Association (AHA) International Training Centre (ITC), which is nearing completion as our three nursing staff members soon to accomplish and be certified and licensed as BLS instructor. We recently had the opportunity of having a visit from an AHA faculty member who came to supervise us and offer personalized instruction from A to Z. Our employees not only profited, but also were pleased and satisfied, and they learned a lot from his teaching.

Thank you for all your hard work, dedication and unwavering commitment. Together we are unstoppable.

## Artificial Intelligence Tech MRI New Generation



# INH Ashura Clinic Ensures Our Commitment to Serve the Community

## Ibn Al-Nafees Hospital welcomes our new psychologist



**Mr. Mahmood A. Nabi**  
Psychologist

### Clinic Services:

*For youth and adults 16 years old and above.*

- Cognitive behavioral therapy.
- Supportive therapy.
- Coping mechanism.
- Problem solving.
- Anger management.
- Behavioral modification programs.
- Relaxations.
- Mental cognitive assessment / IQ tests.
- Personality assessments.
- Psychological rating scales.



# NOW OPEN!



## Ibn Al-Nafees Clinic Officially Opened its Doors at Exhibition World Bahrain

In Exhibition World Bahrain Saturday To Friday 10:00 am - 06:00 pm



# MASTERING THE COMPLEX

## The New Microscope



**Dr. Loay Alekri**  
Consultant ENT Surgeon

*Several advances have been taken place in the upgraded version of the Microscope. These advances include improved intraoperative visualization, integrated endoscopic inspection tool, new robotic visualization platform, and three-dimensional (3D) image display on a 4K monitor.*

These new features will add a greater level of intraoperative comfort, and a potential to increase the viewing quality of the procedures. In addition to that, the new operational modes will impact better teaching and anatomy identification. We performed 2 advanced otology cases using the high-tech Microscope.

Both Patients underwent middle ear and tympanic membrane reconstruction surgery. The new microscope provided clear, high-definition magnified images of the ear microstructures, helping effectively to address any pathology. It is a surgeon-friendly microscope that minimizes time for small adjustments with great accuracy in visualizing the microstructures. The QEVO endoscope enhances surgical visualization by complementing the microsurgical view and enabling one to look around corners. It was beneficial in terms of high-quality visualization of fine structures and for displaying hidden anatomical details. These advantages lead to a better surgical outcome while minimizing intraoperative complications. INH believes in providing the latest and up-to-date equipment and services to the patient, and this state-of-the-art microscope technology is one of a

kind in its features and abilities. quality visualization of fine structures and for displaying hidden anatomical details. These advantages lead to a better surgical outcome with minimizing the intraoperative complications. Ibn Al-Nafees Hospital believes in providing the latest and UpToDate equipment and services to the patient, and this state-of-the-art microscope technology is one of a kind in its features and abilities.



**ENT Dept**

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Ibn Al-Nafees Hospital, Kingdom of Bahrain



# Ibn Al-Nafees Hospital Announces Promotion of Talented Bahraini Employees



**Dr. Noof Sami**  
Resident Doctor



**Eman Ahmed**  
Nursing Supervisor



**Asya Alghanem**  
Nursing Supervisor



**Ahmed Abdulkarim**  
Senior Pre-Approval  
Officer



**Maisam Marhoon**  
Patient Complaints &  
Improvement Officer



**Mr. Mohamed Alaali**  
HR & Training Manager

## HR Manager Message

In line with the directives of His Royal Highness Prince Salman bin Hamad Al Khalifa, the Crown Prince and Prime Minister, may God protect him, and as a step to reaffirm Ibn Al-Nafees Hospital's commitment to develop and enhance local talent, the hospital recently announced the promotion of several Bahraini employees within its ranks. This move underscores the hospital's dedication to providing opportunities for growth and advancement in the work environment, and marks another proud moment for the institution. "We are thrilled to celebrate the well-deserved promotions of our Bahraini staff," said Mr. Mohammed Alaali, HR Manager. "Their hard work, dedication, and expertise have been instrumental in delivering quality healthcare to our community. This is a testament to the immense potential of Bahraini professionals in the healthcare field." The hospital's management expressed their pride in the Bahraini staff's achievements and reiterated their dedication to nurturing local talent. "This is just the beginning," added Mr. Mohamed.

"We are committed to providing our Bahraini employees with the support and resources they need to thrive and make a lasting impact on our healthcare system."



## Enhancing Fire Safety at Ibn Al-Nafees Hospital



In an effort to strengthen the hospital's emergency preparedness, two of our esteemed colleagues, Mr. Sayed Hashem and Mr. Hussain Jassim, recently attended a specialized fire and safety training course at the Safety Training and Consultancy Centre.

The training, which took place on Saturday, June 29th, 2024, was a valuable investment in the safety and wellbeing of our patients, staff, and visitors, awareness among the medical community to reduce the spread of these diseases and urge to quit smoking, especially among youth groups, in addition to highlighting the latest developments and therapies in the field of Respiratory Medicine.

# Our Insurance Partners



## Leading the Way in Neurological Care with the Healthcare Advanced Machines



**Dr. Sherif Al Mekawi**  
Consultant Neuro and Spine Surgery

## Special Recognition Award

For their hardwork, defication demonstrated throught out the entire.period of the 1st INH Conference 2024.



# Nursing Continuous Education



**Nursing Care Plan**  
**Rn Jincy Mathew**  
Staff Nurse



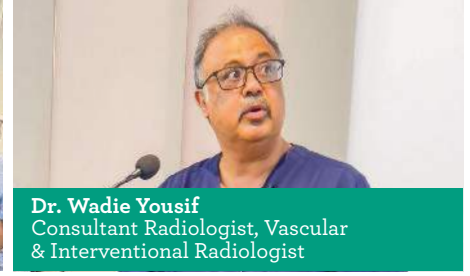
**MDR Management**  
**Ameena Saad Abdulla**  
Head of Infection Control & CSSD



**Key Performance Indicator**  
**Sara Meshal**  
Quality Officer

# Continuous Medical Education Updates

## Thyroiditis



**Dr. Wadie Yousif**  
Consultant Radiologist, Vascular & Interventional Radiologist

## Dry Eye



**Dr. Hassan Al-Arayed**  
Senior Consultant Ophthalmic Surgeon



## Antimicrobials in Critically Ill Patients



**Dr. Hasan Mohamed**  
Consultant Intensive and Internist

# 24hr Academic Activities

## Rhythm Analysis Training



**Dr. Sayed Abid Hussain**  
Specialist Cardiologist



## Personalized BLS Training by AHA Faculty Representative

Mr. David Fletcher from the American Heart Association (AHA) providing a One-on-One BLS training to our INH upcoming BLS Instructors.

